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Impact Sound Insulation Measurement

Airstep Australia Pty Ltd 'Eucalyptus Steps' on 'Timbermax' Underlay

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1.0 CONSULTING BRIEF

Day Design was commissioned by Airstep Australia Pty Ltd to measure the impact sound insulation of a floor system incorporating their 'Timbermax' underlay product installed beneath their 'Eucalyptus Steps' timber laminate floorboard product. The measurements were conducted on site in accordance with Australian Standard AS/NZS ISO 140.7:2006 "Acoustics – Measurements of sound insulation in buildings and of building elements – Part 7: Field measurements of impact sound insulation of floors".

The test specimen was rated in accordance with AS ISO 717.2:2004 "Acoustics – Rating of sound insulation in buildings and of building elements – Part 2: Impact sound insulation".

2.0 TESTING SPECIFICATIONS

Location:	Concrete slab floor between Unit 18 and Unit 11 of 808 Forest Road, Peakhurst
Base Floor Construction:	230 mm thick concrete slab
Receiving Room Dimensions:	Unit 11, 808 Forest Road, Peakhurst Room shape: Trapezoidal Length: 2.6 m Width: 5.8 m (average) Height: 2.7 m
Receiving Room Volume	40.8 m ³
Test Samples:	2 mm 'Timbermax' IXPE foam underlay; laid beneath 8 mm thick 'Eucalyptus Steps' laminated timber floorboards.
Sample sizes:	'Timbermax' 990 mm x 1350 mm 'Eucalyptus Steps' 1215 mm x 194 mm x 8 mm (5 planks)
Test date:	Friday, 5 October 2018

3.0 MEASUREMENT PROCEDURE

The impact sound insulation of a floor/ceiling system is determined by using a standard tapping machine¹ on the floor to generate impact noise and measuring the level of impact noise in the receiving room below.

The tapping machine is placed in 4 orientations as shown in Figure 1 below.



Figure 1. Tapping machine test orientations

Impact noise levels in the receiving room are measured using the microphone sweep method for a period of 30 seconds per tapping machine orientation.

A background noise level measurement is carried out to account for any noise contributions from the environment and to apply appropriate corrections if required.

Reverberation time measurements are also carried out in the receiving room. The reverberation time, *T*₆₀, is the time it takes for a noise source to decay by 60 dB. A "live" room, such as a reverberation room, which consist of only hard surfaces, will typically have a long reverberation time. A "dead" room, such as an anechoic chamber, which consist of highly absorptive surfaces, will have a much shorter reverberation time.

Measurement of the reverberation time in the receiving room allows the measured sound insulation to be adjusted to account for the sound energy absorbed by the room.

Impact sound insulation measurements were carried out for the base floor and the base floor with the test sample to determine the improvement the test sample had on the existing floor/ceiling system.



Ref: 6603-1.1r

¹ Brüel and Kjær Tapping Machine Type 3207

4.0 IMPACT SOUND INSULATION DESCRIPTOR

The impact sound insulation performance of a system is denoted by a single value descriptor, the weighted impact sound insulation $L_{n,w}$ (for laboratory tested rating) or L'_{nT,w} (for field tested rating). The single value descriptor allows for easy comparisons between different systems. The lower the number, the better the impact sound insulation performance.

The rating of the system is determined by comparing the measured noise levels in the receiving room against a set of reference values between one-third-octave band centre frequency ranges of 100 Hz to 3150 Hz, as specified in AS/NSZ ISO 717.2:2004.

Ref: 6603-1.1r

5.0 TEST SAMPLE DESCRIPTION AND RESULTS

The base floor (see Section 2.0) was tested to establish a reference performance of the floor/ceiling system from which the test sample is compared to. The test sample of 8 mm thick 'Eucalyptus Steps' was placed on top of the 2 mm thick 'Timbermax' underlay, setup on top of the base floor as shown in Figure 2.



Figure 2. Image of testing configuration - 'Eucalyptus Steps' with 'Timbermax' underlay on base floor

Test certificates of the measured system and base floor are provided in **Appendix B** respectively as 6603-1 A001 and 6603-1 A005.



Impact Sound Insulation Measurement

The measured impact sound pressure levels (rounded to the nearest one-tenth decibel) are tabulated for each one-third-octave band measured and are presented in Table 1.

	Impact Sound Pressure Level L'nT (dB)		
1/3 Octave Band Centre Frequency (Hz)	Base Floor	'Eucalyptus Steps' + 'Timbermax' underlay	
100	52.2	53.0	
125	54.3	51.6	
160	55.8	54.9	
200	57.3	55.3	
250	58.1	56.3	
315	57.4	54.8	
400	58.0	55.6	
500	58.1	55.7	
630	59.7	53.5	
800	60.5	46.3	
1000	61.7	43.4	
1250	63.3	38.0	
1600	64.8	33.1	
2000	66.5	29.4	
2500	67.9	27.5	
3150	74.1	27.0	
4000	76.4	26.2	
5000	71.6	24.7	
L'nT,w	74	50	

Table 1Measured Impact Sound Pressure Levels



6.0 SUMMARY OF FINDINGS

The floor/ceiling system of the 8 mm thick 'Eucalpytus Steps' with 'Timbermax' underlay laid on top of a base floor construction of 230 mm concrete, achieved a weighted impact sound insulation rating of $L'_{nT,w}$ of 50, improving the base floor performance by $L'_{nT,w}$ of 24 dB.

Test measurements and calculations were conducted by the undersigned.

Matt bulk

Matthew Bruck, BE(Mech) Hons, BSc(MatSc) Acoustical Engineer for and on behalf of Day Design Pty Ltd

AAAC MEMBERSHIP

Day Design Pty Ltd is a member company of the Association of Australasian Acoustical Consultants, and the work herein reported has been performed in accordance with the terms of membership.

APPENDICES Appendix A – Instrumentation List Appendix B – Test Certificates



APPENDIX A

INSTRUMENTATION LIST

Description	Model No.	Serial No.
Modular Precision Sound Analyser	B&K 2270 G4	3011809
Condenser Microphone 0.5" diameter	B&K 4189	3099836
Acoustical Calibrator	B&K 4231	2721949
Tapping Machine	B&K 3207	2439141

All acoustic instrument systems have been laboratory calibrated using instrumentation traceable to Australian National Standards and certified within the last two years thus conforming to Australian Standards. The acoustic measurement system was also calibrated prior to and after the noise level measurements. Calibration drift was found to be less than 0.5 dB during the measurements. No adjustments for instrument drift during the measurement period were warranted.



TIMBER LAMINATE FLOORING SYSTEM

IMPACT SOUND INSULATION TEST CERTIFICATE

6603-1 A001

Client:

Airstep Australia Pty Ltd

Frequency - Hz	L'nT
inequency in	1/3 Octave dB
100	53.0
125	51.6
160	54.9
200	55.3
250	56.3
315	54.8
400	55.6
500	55.7
630	53.5
800	46.3
1000	43.4
1250	38.0
1600	33.1
2000	29.4
2500	27.5
3150	27.0
4000	26.2
5000	24.7
L' _{nT,w}	50

Test Specimen:

Eucalyptus Steps laminate flooring with Timbermax underlay

230 mm concrete slab With no ceiling or insulation

Australian Standards:

Measured according to AS/NZS ISO 140.7:2006 Rated to AS ISO 717.2:2004

Test Specimen Dimensions:

1.2 m (L) x 1.0 m (W)

Test Location:

Unit 18 to Unit 11 below Day Design Pty Ltd Suite 17, 808 Forest Road, Peakhurst, NSW

Instrumentation:

Brüel and Kjær Sound Level Meter type 2270 Brüel and Kjær Microphone type 4189 Brüel and Kjær Acoustical Calibrator type 4231 Brüel and Kjær Tapping Machine type 3207



Matt bruck

Date of Test: Friday, 5 October 2018

Project Number: 6603-1 A001

Test Engineer: Matthew Bruck

For and on behalf of Day Design Pty Ltd





BASE FLOOR FLOORING SYSTEM

IMPACT SOUND INSULATION TEST CERTIFICATE

6603-1 A005

Client:

Airstep Australia Pty Ltd

Frequency - Hz	L'nT
inequency in	1/3 Octave dB
100	52.2
125	54.3
160	55.8
200	57.3
250	58.1
315	57.4
400	58.0
500	58.1
630	59.7
800	60.5
1000	61.7
1250	63.3
1600	64.8
2000	66.5
2500	67.9
3150	74.1
4000	76.4
5000	71.6
L' _{nT,w}	74

Test Specimen:

Base floor

230 mm concrete slab With no ceiling or insulation

Australian Standards:

Measured according to AS/NZS ISO 140.7:2006 Rated to AS ISO 717.2:2004

Test Specimen Dimensions:

2.6 m (L) x 5.7 m (W)

Test Location:

Unit 18 to Unit 11 below Day Design Pty Ltd Suite 17, 808 Forest Road, Peakhurst, NSW

Instrumentation:

Brüel and Kjær Sound Level Meter type 2270 Brüel and Kjær Microphone type 4189 Brüel and Kjær Acoustical Calibrator type 4231 Brüel and Kjær Tapping Machine type 3207



Matt Bruck

Date of Test: Friday, 5 October 2018

Test Engineer: Matthew Bruck

For and on behalf of Day Design Pty Ltd

Project Number: 6603-1 A005

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ACOUSTICAL – Pertaining to the science of sound, including the generation, propagation, effects and control of both noise and vibration.

AMBIENT NOISE – The ambient noise level at a particular location is the overall environmental noise level caused by all noise sources in the area, both near and far, including road traffic, factories, wind in the trees, birds, insects, animals, etc.

AUDIBLE – means that a sound can be heard. However, there are a wide range of audibility grades, varying from "barely audible" to "just audible", "clearly audible" and "prominent". Chapter 83 of the NSW Environment Protection Authority – Environmental Noise Control Manual (1985) states:

"noise from a particular source might be offensive if it is clearly audible, distinct from the prevailing background noise and of a volume or character that a reasonable person would be conscious of the intrusion and find it annoying or disruptive".

It follows that the word "audible" in an environmental noise context means "clearly audible".

BACKGROUND NOISE LEVEL – Silence does not exist in the natural or the built-environment, only varying degrees of noise. The Background Noise Level is the average minimum dBA level of noise measured in the absence of the noise under investigation and any other short-term noises such as those caused by cicadas, lawnmowers, etc. It is quantified by the L_{A90} or the dBA noise level that is exceeded for 90 % of the measurement period (usually 15 minutes).

- **Assessment Background Level (ABL)** is the single figure background level representing each assessment period day, evening and night (ie three assessment background levels are determined for each 24hr period of the monitoring period). Determination of the assessment background level is by calculating the tenth percentile (the lowest tenth percent value) of the background levels (LA90) for each period (refer: NSW Industrial Noise Policy, 2000).
- **Rating Background Level (RBL)** as specified by the Environment Protection Authority is the overall single figure (LA90) background noise level representing an assessment period (day, evening or night) over a monitoring period of (normally) three to seven days.

The RBL for an assessment period is the median of the daily lowest tenth percentile of L₉₀ background noise levels.

If the measured background noise level is less than 30 dBA, then the Rating Background Level (RBL) is considered to be 30 dBA.

DECIBEL – The human ear has a vast sound-sensitivity range of over a thousand billion to one. The decibel is a logarithmic unit that allows this same range to be compressed into a somewhat more comprehensible range of 0 to 120 dB. The decibel is ten times the logarithm of the ratio of a sound level to a reference sound level. See also Sound Pressure Level and Sound Power Level.

Decibel noise levels cannot be added arithmetically since they are logarithmic numbers. If one machine is generating a noise level of 50 dBA, and another similar machine is placed beside it, the level will increase to 53 dBA, not 100 dBA. Ten similar machines placed side by side increase the sound level by 10 dBA, and one hundred machines increase the sound level by 20 dBA.

dBA – The human ear is less sensitive to low frequency sound than high frequency sound. We are most sensitive to high frequency sounds, such as a child's scream. Sound level meters have an inbuilt weighting network, termed the dBA scale, that approximates the human loudness response at quiet sound levels (roughly approximates the 40 phon equal loudness contour).



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However, the dBA sound level provides a poor indication of loudness for sounds that are dominated by low frequency components (below 250 Hz). If the difference between the "C" weighted and the "A" weighted sound level is 15 dB or more, then the NSW Industrial Noise Policy recommends a 5 dBA penalty be applied to the measured dBA level.

dBC – The dBC scale of a sound level meter is similar to the dBA scale defined above, except that at high sound intensity levels, the human ear frequency response is more linear. The dBC scale approximates the 100 phon equal loudness contour.

EQUIVALENT CONTINUOUS NOISE LEVEL, LAeq – Many noises, such as road traffic or construction noise, vary continually in level over a period of time. More sophisticated sound level meters have an integrating electronic device inbuilt, which average the A weighted sound pressure levels over a period of time and then display the energy average or LAeq sound level. Because the decibel scale is a logarithmic ratio the higher noise levels have far more sound energy, and therefore the LAeq level tends to indicate an average which is strongly influenced by short term, high level noise events. Many studies show that human reaction to level-varying sounds tends to relate closely to the LAeq noise level.

FREE FIELD – This is a sound field not subject to significant reflection of acoustical energy. A free field over a reflecting plane is usually outdoors with the noise source resting on hard flat ground, and not closer than 6 metres to any large flat object such as a fence or wall; or inside an anechoic chamber.

FREQUENCY – The number of oscillations or cycles of a wave motion per unit time, the SI unit being the Hertz, or one cycle per second.

IMPACT ISOLATION CLASS (IIC) – The American Society for Testing and Materials (ASTM) has specified that the IIC of a floor/ceiling system shall be determined by operating an ISO 140 Standard Tapping Machine on the floor and measuring the noise generated in the room below. The IIC is a number found by fitting a reference curve to the measured octave band levels and then deducting the sound pressure level at 500 Hz from 110 decibels. Thus the higher the IIC, the better the impact sound isolation.

IMPACT SOUND INSULATION (LnT,w) – Australian Standard AS ISO 717.2 – 2004 has specified that the Impact Sound Insulation of a floor/ceiling system be quantified by operating an ISO 140 Standard Tapping Machine on the floor and measuring the noise generated in the room below. The Weighted Standardised Impact Sound Pressure Level (LnT,w) is the sound pressure level at 500 Hz for a reference curve fitted to the measured octave band levels. Thus the lower LnT,w the better the impact sound insulation.

IMPULSE NOISE – An impulse noise is typified by a sudden rise time and a rapid sound decay, such as a hammer blow, rifle shot or balloon burst.

INTRUSIVE NOISE LEVEL, L_{Aeq} – The level of noise from a factory, place of entertainment, etc. in NSW is assessed on the basis of the average maximum noise level, or the L_{Aeq} (15 min). This is the energy average A weighted noise level measured over any 15 minute period.

LOUDNESS – The degree to which a sound is audible to a listener is termed the loudness. The human ear perceives a 10 dBA noise level increase as a doubling of loudness and a 20 dBA noise increase as a quadrupling of the loudness.



MAXIMUM NOISE LEVEL, L_{Amax} – The rms maximum sound pressure level measured on the "A" scale of a sound level meter during a noise survey is the L_{Amax} noise level. It may be measured using either the Fast or Slow response time of the meter. This should be stated.

NOISE RATING NUMBERS – A set of empirically developed equal loudness curves has been adopted as Australian Standard AS1469-1983. These curves allow the loudness of a noise to be described with a single NR number. The Noise Rating number is that curve which touches the highest level on the measured spectrum of the subject noise. For broadband noise such as fans and engines, the NR number often equals the dBA level minus five.

NOISE – Noise is unwanted sound. Sound is wave motion within matter, be it gaseous, liquid or solid. "Noise includes sound and vibration".

NOISE REDUCTION COEFFICIENT - See: "Sound Absorption Coefficient".

OFFENSIVE NOISE - (Reference: Dictionary of the Protection of the Environment Operations Act 1997). *"Offensive Noise means noise:*

- (a) that, by reason of its level, nature, character or quality, or the time at which it is made, or any other circumstances:
 - (i) is harmful to (or likely to be harmful to) a person who is outside the premise from which it is emitted, or
 - (ii) interferes unreasonably with (or is likely to interfere unreasonably with) the comfort or repose of a person who is outside the premises from which it is emitted, or
- (b) that is of a level, nature, character or quality prescribed by the regulations or that is made at a time, or in other circumstances prescribed by the regulations."

PINK NOISE – Pink noise is a broadband noise with an equal amount of energy in each octave or third octave band width. Because of this, Pink Noise has more energy at the lower frequencies than White Noise and is used widely for Sound Transmission Loss testing.

REVERBERATION TIME, T₆₀ – The time in seconds, after a sound signal has ceased, for the sound level inside a room to decay by 60 dB. The first 5 dB decay is often ignored, because of fluctuations that occur while reverberant sound conditions are being established in the room. The decay time for the next 30 dB is measured and the result doubled to determine the T₆₀. The Early Decay Time (EDT) is the slope of the decay curve in the first 10 dB normalised to 60 dB.

SOUND ABSORPTION COEFFICIENT, $\alpha - \alpha$ Sound is absorbed in porous materials by the viscous conversion of sound energy to heat energy as the sound waves pass through it. Sound is similarly absorbed by the flexural bending of internally damped panels. The fraction of incident energy that is absorbed is termed the Sound Absorption Coefficient, α . An absorption coefficient of 0.9 indicates that 90 % of the incident sound energy is absorbed. The average α from 250 to 2000 Hz is termed the Noise Reduction Coefficient (NRC).

SOUND ATTENUATION – If an enclosure is placed around a machine, or a silencer is fitted to a duct, the noise emission is reduced or attenuated. An enclosure that attenuates the noise level by 30 dBA, reduces the sound energy by one thousand times.

SOUND EXPOSURE LEVEL (SEL) – The total sound energy of a single noise event condensed into a one second duration or in other words it is an L_{eq} (1 sec).



SOUND PRESSURE LEVEL, L_p – The level of sound measured on a sound level meter and expressed in decibels, dB, dBA, dBC, etc. $L_p = 20 \times \log (P/P_0) \dots dB$

where P is the rms sound pressure in Pascal and P_0 is a reference sound pressure of 20 $\mu Pa.$ L_p varies with distance from a noise source.

SOUND POWER LEVEL, L_w – The Sound Power Level of a noise source is an absolute that does not vary with distance or with a different acoustic environment.

 $L_w = L_p + 10 \log A \dots dB$, re: 1pW,

where A is the measurement noise-emission area in square metres in a free field.

SOUND TRANSMISSION CLASS (STC) – An internationally standardised method of rating the sound transmission loss of partition walls to indicate the decibels of noise reduction of a human voice from one side to the other. (Refer: Australian Standard AS1276 – 1979)

SOUND TRANSMISSION LOSS – The amount in decibels by which a random sound is reduced as it passes through a sound barrier. A method for the measurement of airborne Sound Transmission Loss of a building partition is given in Australian Standard AS1191 - 2002.

STATISTICAL EXCEEDENCE SOUND LEVELS, LA90, LA10, LA1, etc – Noise which varies in level over a specific period of time (usually 15 minutes) may be quantified in terms of various statistical descriptors:

The L_{A90} is the dBA level exceeded for 90 % of the time. In NSW the L_{A90} is measured over periods of 15 minutes, and is used to describe the average minimum or background noise level.

The L_{A10} is the dBA level that is exceeded for 10 % of the time. In NSW the L_{A10} measured over a period of 10 to 15 minutes. It was until recently used to describe the average maximum noise level, but has largely been replaced by the L_{Aeq} for describing level-varying noise.

The L_{A1} is the dBA level that is exceeded for 1 % of the time. In NSW the L_{A1} may be used for describing short-term noise levels such as could cause sleep arousal during the night.

STEADY NOISE – Noise, which varies in level by 6 dBA or less, over the period of interest with the time-weighting set to "Fast", is considered to be "steady". (Refer AS 1055.1 1997)

WEIGHTED SOUND REDUCTION INDEX, R_w – This is a single number rating of the airborne sound insulation of a wall, partition or ceiling. The sound reduction is normally measured over a frequency range of 100 to 3,150 Hertz and averaged in accordance with ISO standard weighting curves (Refer AS/NZS 1276.1:1999).

Internal partition wall R_w + C ratings are frequency weighted to simulate insulation from human voice noise. The R_w + C is always similar in value to the STC rating value. External walls, doors and windows may be R_w + C_{tr} rated to simulate insulation from road traffic noise. This is normally a lower number than the STC rating value.

WHITE NOISE – White noise is broadband random noise whose spectral density is constant across its entire frequency range. The sound power is the same for equal bandwidths from low to high frequencies. Because the higher frequency octave bands cover a wider spectrum, white noise has more energy at the higher frequencies and sounds like a hiss.

